



Principal's Report

Dear Parents,

With the HSC Trials coming to an end our year 12 students enter a very important phase in terms of maximising their HSC marks. There is significant research to indicate that a focussed approach over the next six weeks can have considerable impact on their final result. The trials provide an opportunity to work on weaknesses and consolidate strengths. Much can be gained by attendance in class and a willingness to accept advice.

Over the ensuing weeks their teachers will continue to:

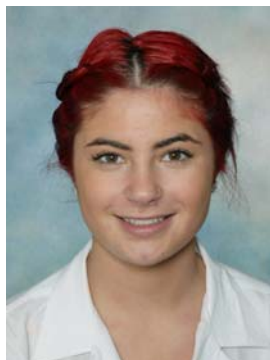
- Give them revision and study guides.
- Give practice questions/sample answers.
- Allow them to express their feelings about the hard time they are having.
- Give relevant/challenging HSC questions prior to the exams as good preparation.
- Take time out in class even for five minutes to just relax and recap.
- Talk to them about stress. Give relaxation techniques.
- Stay positive, with plenty of praise and revision.
- Give them an exam mapping sheet and time allocation, past papers and practice responses.
- Reassure them of their capability. Assure them that good results can be achieved by all of them.
- Explain their mistakes and tell them individually how to improve in exams.
- Encourage students, bring chocolate. Say 'Do the best that you can do'.
- Give advice like "it's not the end of your life".
- Constantly offer help and explanation of the task.
- Crack some funny jokes.

So please encourage your son or daughter to be at school and finish what they set out to achieve to the best of their ability.

Leadership Team for 2008:

- Nadine Binder – Vice Captain
- Rebecca Duncan
- Fintan Guckian – Vice Captain
- Jessica Hardwicke
- Nick Kaurin - Captain
- Holly Lance
- Samantha Lee - Captain
- Charlotte Makins-Morris
- Jeremy Sistoso
- Kristina Zillhardt

Thanks to all who nominated – it was an incredibly close vote and all who nominated were impressive speakers and made voting very difficult!



Choosing a University and TAFE Course to study

Every year Universities and TAFE record the highest drop out rate with beginning students. These disillusioned students find their chosen course has been nothing like they expected. Others stick with their studies but find they are dissatisfied with the experience and future prospects.

Selecting a tertiary course is undoubtedly a difficult decision. However, future feelings of dissatisfaction can be reduced if a student takes time out in year 12 to fully investigate courses. Below are a series of steps students should take to ensure they make confident, informed decisions.

- The 2008 UAC Guide and 2008 TAFE handbook are important springboards for course information. All students in year 12 can get their own copy of the Universities Admissions Guide (UAC) from the school's careers office. The TAFE Handbook can be purchased from your local newsagent. These guides contain essential course and application information.
- Term 3, August to September is when TAFE campuses and Universities hold Open Days. Usually on Saturdays, these events are open to parents & students. Current tertiary students and lecturers are available to talk to prospective students. The opportunity is provided for students to experience campus life, ask specific course questions and inquire about graduate destinations. Dates for University Open Day can be located via the link placed on the school website or found on page 13 of the 2008 UAC guide. The Northern Beaches College of TAFE will be holding an Open afternoon on Tuesday 4th September – look for further information in the newsletter. Other TAFE campuses of interest can be contacted to find out about scheduled open day events.
- Individual university websites have the detailed specifics on all courses offered. University faculty handbooks are also available for perusal in the school's careers office. The TAFE website at www.tafensw.edu.au details course and application information.
- TAFE campuses have a careers counselling service. Universities have Prospective Student Officers. You can make appointments with these people to discuss in detail course information.
- Finally, courses should not be chosen on earning potential, status, parent expectation or simply because a student gets a UAI high enough for entry. Students should think about where their interests lie and what they are good at when choosing courses. This will ensure interest is maintained in the course with job satisfaction being the long-term result.

2008 UAC guides have been issued to Year 12. If you have missed out you can collect yours at the careers office.

YEAR 12 LUNCHTIME TAFE AND UNIVERSITY APPLICATION SESSIONS WILL TAKE PLACE IN THE 2ND

HALF OF TERM 3. Watch out for dates in student notices and on screens.

TVET update

1. Semester 1 Student Achievement

Freshwater has many students completing TAFE courses this year. These courses count as 2 units towards the HSC. Students study in many areas and get a taste of what fulltime TAFE study and employment opportunities in this area would be like post HSC. These courses also equip students with skills to take into the workplace.

The following students have excelled in their application and attendance in 2007 Semester 1 studies and the school congratulates them:

Tiffany Cameron, Sophie Collins, Charlotte Crawford, April Gates, Romie – Leigh Graham, Nick Grant, Hayley Harasta, Nabil Haris, Ivy Limjoco, Rhiannon Lougher, Jessica Mar, Robert McIntyre, Rebekah Selles, Tom Wagg.

2. Year 11 into 12, 2008 TVET applications are now due!

Year 11 attended an assembly recently where information on 2 unit TAFE courses available as part of their yr 12 units was made available.

Signed blue application forms for 2008 TAFE study are due into the careers office by Friday 31st August.

Women @ Work

On Friday 10th August, 18 young women from year 11 were selected to attend a motivational day inspiring them to think and plan for a career path, not just a job. A local initiative, the girls were addressed by women who have mapped out successful careers for themselves in a diverse range of industries – a community bank owner/manager, a builder/architectural designer, a catering and events manager, a court reporter, and a manufacturing manager. Participation in practical activities including business planning were also a part of the day.



Melissa Penrose & Julie Weller
FSC Careers Department.

Women @ Work Careers Day



Women at Work Careers Day was an opportunity for a select few girls from Freshwater and other local schools to experience the motivating stories of some female entrepreneurs who have successfully started their own small businesses.

It was very inspirational to hear these women's personal journeys leading to where they are today. One woman's story was uplifting as she told us how she gave away her career so that she could make and sell her own goat's milk soap, a product which was devised

in the quest to find a cure for her son's eczema. Not only were we enriched by these women's success stories, but we also got free morning tea and lunch. All in all, it was a very beneficial experience for all those who attended and, if you're thinking of running your own small business, then seminars such as this careers day are definitely worth attending. It was a very informative day and I'm glad I was given the opportunity to attend.

Michelle Davidson – Yr11

Deputy Principal's Report



By the time you read this all that will be left for Year 12 is the final hurdle, the HSC examination itself, which begins early next term.

The assessment tasks are done, final marks are calculated, sent to The Board of Studies and half your HSC mark is in the bag.

So what to do? There is time to make a difference either way. There is a tendency with assessment tasks and Trials behind to ease up, to focus on enjoying your last few weeks of school, ever. Before you know it though the end of term break is here and then the HSC itself.

With that in mind it is time to get yourself organised. Firstly, make the commitment to keep attending school, despite whatever temptations, friends and warmer weather provide. By attending school you keep yourself in the rhythm that you are familiar with. It is easy to think the work is over, but your teachers will keep up revision activities in class focussed on polishing the weaknesses that became evident during the Trials.

Secondly, use the time that you would have used for homework to ramp up your study efforts. Do not let those hours become extra free time. Use the time you have at your disposal. If you do, you will feel far more confident when you get to the HSC. If you get to your first exam with a negative frame of mind because you know you have wasted time you will end up paying for it.

Thirdly, stay in touch with your teachers. As you go through your study routine you will find things where your knowledge and understanding is not as you want it. Your teachers should be your first port of call in your efforts to improve your weaknesses. Work with your teachers in these last few weeks, to make sure you have everything covered.

Finally, don't give up on yourself. The most vital thing you can do is stay positive. There are bound to be aspects of your Trial results and your final assessment rank that you are disappointed with. Worrying about it won't change it. Giving up won't change it. Consistent, focussed study can change it. Half your HSC mark is up for grabs. Remember that. The most significant event in deciding your HSC mark is still to come. Make sure you take advantage of it.

Make sure you enjoy the Graduation and the Formal. Safely.

Greg Lill

NORTHERN BEACHES SECONDARY COLLEGE FRESHWATER SENIOR CAMPUS

HSC SUBMITTED WORKS EXHIBITION 2007

You are invited to
an exhibition of
Visual Arts,
Industrial
Technology and
Design and
Technology HSC
submitted works.

**TUESDAY 4th
September 2007
5pm - 7.30pm
In the Gym**

*Artwork by Montessa
Maack*



Sport

BASKETBALL - As reported in the last newsletter, our boy's team made the quarter finals of the CHS Knock Out competition. In the quarter final they played against the very strong Sydney Boys High. In an extremely exciting game in which the lead changed throughout the game, we lost 74-68. In a playoff for fifth position, we regrouped and defeated Lismore HS by eight points to finish the season with a win. Congratulations to all the players for this magnificent performance and special thanks to Brad Dalton from Manly

Warringah Basketball who coached the team throughout the season. Without Brad's great expertise and experience I am certain that the team would not have been as successful.

ATHLETICS – Our school team competed at the Zone carnival at the end of last term. In a fantastic performance, our girls team finished a close 2nd and the boys were 1st with Freshwater being the overall Senior Champions by a whopping sixty points. Congratulations to all students who competed so enthusiastically throughout the day, but special mention should be given to Robert McIntyre who was the 16 years age champion and Sam McDowell who was 2nd in the 17 years. Good luck to all competitors at the regional carnival.

The following individuals have recently achieved outstanding results:



Robert McIntyre – At the regional athletics carnival held last week Rob had a very successful time. He was 1st in the 16 years 400m, 2nd in the 200m and hurdles, 3rd in the 100m and 4th in the 800m. He was also selected in the Regional 4x 400m relay team. Rob has now qualified for the CHS, All Schools and Australian Schools carnivals. Congratulations, Rob, and good luck in these events.



Kaia Parnaby – As reported earlier in the year, Kaia was selected in the Australian U/19 softball team. She received a bronze medal and was the 8th ranked pitcher at the World Championships. Congratulations, Kaia. We look forward to seeing you in the Australian team in future Olympics.



Haydn Boon – Haydn has just returned from Prague where he competed in the world kayaking championships. Although under a sickness and injury cloud, Hadyn performed magnificently and qualified for the semi finals in the K4'S. Well done, Hadyn.



SPORT LOG BOOKS

Another reminder to all Year 11 students that their sport log books are due by the end of this term.

Trevor Campbell – Sports Coordinator

Deputy Principal's Report



We are now moving towards the final stages of the Preliminary HSC Course for all Year 11 students. The majority of students are working hard and completing all set class work and homework. The Preliminary exams commence on Wednesday, 9 September 2007, and finish on

Friday, 28 September 2007, the last day of Term 3. These exams are assessment tasks as well as exams so all procedures for assessment tasks must be followed. Students must wear correct uniform and bring all required equipment, i.e. calculators to the appropriate exams. Students need only come on the days they have exams.

We will also be discussing with all Year 11 students career options and the relevant subjects needed for these careers or tertiary entrance. While students may drop a subject for Year 12, we strongly recommend that students keep 12 Units for the Higher School Certificate if they wish to go to university. Research studies have shown students who do this have performed better than students who only have five subjects.

Year 11 students have participated recently in many extra enrichment activities. On 26th July 2007 I attended the Arts North Festival of Drama at UTS where our Year 11 Drama students presented their item, *Rhyme-Time News*. It was an honour to be chosen in this festival and congratulations to Ms Natasha Parry, our Drama teacher, who wrote and directed this most professional item and to our students who were delightful in this performance.

Some Year 11 students have also been part of the very successful College Rock Eisteddfod entry, *Last Letter Home*, which has made the Open Grand Final on 5th September 2007, at the Sydney Entertainment Centre. **Troy Andronicos, Year 11 – performer; Kobie Russell, Year 11 – performer; Cherie Hoban; Year 11 – performer**



Finally, congratulations to all those Year 11 students who stood for leadership roles for 2008. They were a most impressive group of young people and did themselves proud.

Dianne Marik

Northern Beaches Secondary College is proud to present the first "Science Techno Museum"



WHAT

The Science Techno Museum is an activity being conducted as part of Australian National Science Week with support from the Australian Science and Mathematics School. The project asks you to choose an item we use today and track the improvements or changes in technology over time. When

choosing your topic, think about your area of interest or what you might like to know more about.

WHEN?

A museum display will be held at each campus on **Monday 20 August 2007** from 12.30pm – 3.30pm and the best projects will be displayed at the College Administration Centre, Freshwater Senior Campus on **Wednesday 22 August 2007**. (Times to be notified)

HOW CAN YOU HELP?

The key to this project is that it will be peer assessed by teachers, students and parents. Year 8 would appreciate as many parents as possible to come along to the campus and help judge the display.

General Mathematics HSC 2008

From the beginning of Term 4, the Maths teachers will be teaching the General Mathematics course with the use of Graphics Calculators. These give the students a distinct advantage in the Financial and Data strands of the HSC course and are allowed in the HSC examination. They can also be used for all other mathematical calculations, replacing the scientific calculators.



The current model being used at the school is the Casio FX-9860G AU (however the 9850 is still OK). These come with CD instructions and a connection to enable upgrades to be loaded from the computer.

We can place a bulk order for these calculators which will price them at \$143 (GST inclusive) per calculator.

It is anticipated that, after the 2008 HSC, these calculators can be sold (second hand) to the incoming Year 11 students. Students not purchasing a graphics calculator can continue to use their existing calculator, together with the formulae provided on the formula sheet, however this is more time-consuming.

Should you wish to discuss this further or have other queries, please feel free to phone on 99052634.

Any family who, for genuine financial reasons, cannot afford to purchase the calculator is invited to ring and discuss in confidence other options.

Jane Pross
Head Teacher Mathematics

Warringah Shire Council Japanese Sister City Chichibu Students Hosted By Freshwater Senior Campus

Reuben Sawyer, Year 11 Freshwater Senior Campus:



Over the past 2 weeks I have hosted a Japanese student from Chichibu. The experience of hosting an overseas student is a great way to learn more about other cultures. Hosting a student is easy and anyone can try it. One of the best parts of hosting a student is discovering traditional customs that are very different from those in Australia.

His Buddy – Takumi Kishi:

When I arrived at Sydney, I was surprised at a strong sunshine. In Japan wind is cold the same in Australia. But sunshine is more faint in Japan, so I soon accustomed myself to the surroundings.

And, in home stay program, I was worrying so that could convey my mind well. But host family and around people is very nice, so I have tried to how to speak in English.

Kathryn Bourne, Year 11:

On the 6 August, the visiting students from Chichibu, Japan, arrived in Australia to better improve their English skills, make new friends and learn about Australian culture.

The students, both boys and girls around 14-17, have been staying with volunteering host families of Freshwater students. It has been a time of confusion, followed by much laughter.

The students are encouraged to simply mix in with their new Australian family whether it be preparing dinner, going shopping, or just watching TV.

Having someone from a different background and whole other life come into your world, is an amazing learning experience on both sides. Yukari, who has been staying with my family, has been a delight to host. All the visiting students are very polite and keen to help out and involve themselves in all activities. Even doing dishes!

The language barrier has been easy to overcome, proving communicating with one another is more than just using words. As we teach Yukari more English words, she has been giving us a few Japanese phrases to use too! "Itadimasu!" is now said around my family dinner table before we eat each meal. It means "let's eat!" in Japanese, and always manages to get a giggle out of my youngest sister Teagan, who has been more than happy to teach Yukari all about Bratz Dolls!

It has been so much fun and the time has flown by. Hosting students from different countries from around the world is a wonderful experience. The students come to learn from you, but you also learn so much from them. It reminds you that there is a whole other world outside your family, school, street and country and that despite different languages and customs, we are all very much the same and can learn a lot from each other.

Emi Kakizakai:

I had really good time in Warringah. Especially, host family is awfully kind to me. I like Australian people. They are really friendly and very kind to everyone.

Alice Thurgood:

Hosting a Japanese student was a lot of fun. We learnt to communicate in ways other than speech. This experience allowed me to make friends with a girl from the other side of the world.

Kristina Zillhardt:

It was a pleasure to be a part of the Hosting Program for our current Japanese exchange students. My buddy was named Yuri. During the time spent together we formed a great friendship that will last a lifetime. We went to the Peace Park together, which was such an extraordinary experience.

Sincere thanks to our four wonderful home stay families – Reuben Sawyer, Alice Thurgood, Kristina Zillhardt and Kathryn Bourne.

Barbara Herrmann (LOTE Co-ordinator)



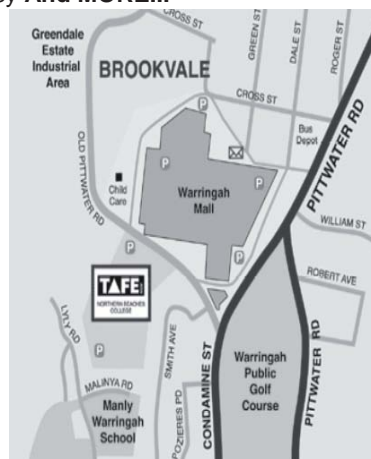
2008 SCHOOL TO TAFE INFORMATION SESSIONS

**Tuesday 4 September 2007 –
Session times 5pm, 6pm & 7pm**

You are invited to our information evening for year 10, 11 and 12 students, parents and friends. Find out more about your career and study pathway options. Meet representatives from a range of career areas. Information about courses, entry requirements and employment prospects in:

Accounting & Finance Environment, Horticulture Management/HRM, Advertising & Marketing, Fine Arts Maritime, Automotive, Hair, Beauty, Property/Real Estate, Business Administration, Hospitality, Small Business Management, Carpentry, HSC Sport & Fitness, Ceramics, Information Technology, Travel & Events, Community

Services, Languages, Tvet Engineering, Literacy & numeracy **And MORE...**



BOOKINGS ARE ESSENTIAL

RSVP By Friday 31 August 2007
advising session time, your school name (if applicable) and numbers attending.

Limited seats, so book early!

Phone: 9941 5211 Email:
brookvale.courseinfo@tafensw.edu.au

Archaeologist visits Freshwater Senior Campus

On the 27th July, the year 11 Ancient History classes had the privilege of listening to Dr Archondia Thanos, an archaeologist and lecturer from Sydney University. Dr Thanos has worked on various archaeological digs around the world including the dig on Santorini. This dig forms the basis for the year 11 archaeological study of Bronze Age Civilisation in the Mediterranean, in particular Thera. She shared with us a great deal of information about the history of archaeology through the ages; with specific reference to excavations at Troy, Pompeii and Akrotiri.

We had the unique opportunity to broaden our understanding of the significance of archaeological digs from someone who is a practising archaeologist involved in uncovering the evidence of Bronze Age life in this region. She shared with us her personal interpretation of the historical debates surrounding the Bronze Age period, and hundreds of personal photos of sites and artefacts. These invaluable pieces of source material brought the study to life for us.

Thankyou Mrs Miltiades and Mrs Low for organising such a helpful and unique lecture.

Rebecca Duncan – Year 11