

# FRESHWATER SENIOR CAMPUS NEWS

### Principal's Report



Dear Parents

I am seeking your support in maintaining the uniform standards set by the school community when the school was established. I am very disappointed with an increasing number of students that come to school inappropriately

dressed. The uniform regulations are very clear cut. Black jeans, different coloured jumpers, particularly with hoods and tights are not acceptable. I repeat what I said when your son or daughter came into the school, it is everyone's responsibility to abide by the Freshwater code and maintain the good name of this school.

Any parent that is having financial difficulties can contact me and I will supply their child with a uniform.

Thank you in anticipation of your support.  
Frank Pikardt

### Deputy Principal's Report



This is the time of year that Year 12 start to feel a lot of pressure. Trials are coming up, major works are coming closer, performances are around the corner. It is easy for Year 12 students to start to think it is all too hard. The important thing at the moment is

not to give up. The actual HSC exams are only about 100 days away so it will be over before you know it.

To feel worried is normal, anxiety is a normal part of the HSC and some of our students feel this because they know they haven't done enough in preparation. Still, with a short time before the Trials and then a couple of months until the HSC a difference can still be made through a concerted effort and at least that effort is a relatively short term one. To make that effort, students need to realise that the Trials will need some serious study time and that this will take TIME! Time is the most important factor now. Students who are unable to find the time to study and prepare will not be able to make much difference to their results.

Once those Trial results come out, things start to get really, really, really serious. Teachers will use the results to shape their revision and students must use it to shape their study focus. The Trials are as close to the real thing as we can make it and should give students a very good idea as to what they do or don't know and what skills they can or can't display. It is at this point that students need to be really honest with themselves and evaluate the strengths and weaknesses of their own performance and use it to improve. It is easy to study what you know, but the serious students will study what they don't know in order to improve.

Remember it is never too late to improve, but if you don't make a change then nothing will change. If you are struggling, seek out help – there is plenty available at

Freshwater, but your teachers cannot do it for you. The bottom line is it is your HSC – take charge of it.

Mr Greg Lill

### Digital Education Revolution

The Federal Government's initiative of giving laptops to students in NSW schools is almost here. In cooperation with the Information Technology Directorate this \$386 million project will see over 200,000 laptops distributed across 500+ school sites during Term 3.

In most schools the laptops have been issued to the year 9 students, the students can keep the computers until they leave year 12. However as FSC only have year 11 and 12 we will not be able to issue the laptops to students on a permanent basis. Even if wanting to, we have only been allocated 196 laptops. There are 314 full time year 11 students, so it is not possible to give one to each student.

A Digital Learning Committee will be formed consisting of interested staff and students to decide how the laptops will be used for learning and how to ensure students have equitable access to the laptops.

The notebooks are Lenovo machines with a 1.6GHz 533 MHz 512KB processor, and are smaller than an A4 page. There is extensive software installed on the 160 Gb hard disk with such programs as the complete Microsoft Office 2007 Suite, the Adobe Suite with Acrobat, Premiere Elements and Photoshop elements.

They have a wireless adaptor so that the students can access the internet at school. Extensive work has been done at school to extend the wireless network so that students will be able to use them in the library and many other classrooms throughout the school.

Hailey Emmerton/HT Computing

### Dance Camp

The following talented Y11 students were selected for State Drama Camp that was held this week at the Elanora Conference Centre. Cassandra Hayden and Alanah McKellar

Dianne Marik/Deputy Principal

### Farewell Eda-Lotta Kims

Eda has been a delightful Rotary exchange student who has attended our school for the past twelve months. She has been sponsored by Balgowlah Rotary Club. Eda has participated fully in our school life, performing at concerts, helping with charity events, as well as being an excellent student. We will miss her lovely smile and wish her the very best for her future.

# Careers Department

## Careers Expo

This term has been a very busy one for the Careers Department. The very successful Careers Expo was held at Terrey Hills in May and was attended by all Year 12 students. It was a valuable event from which the students were able to obtain up to date careers and study information from a variety of providers in one easy location. This opportunity will be available to Year 11 students next year. We thank Mr Pikardt and all the staff members who attended and assisted with supervision.

## Defence Forces Talk

An information session will be held for any Year 11 and 12 students interested in a career in the Defence Forces on Friday July 31 (first Friday back) during Mentoring. Please add your name to the list outside the Careers Office if you are interested in attending. Parents are also welcome. Please contact the Careers Office for more information.

## Defence Technical Scholarships for study in Year 12

See the Careers office if you are interested in applying for this \$3000 scholarship. \$3000 for Year 11 students studying maths and technology subjects. See the Careers Office or [www.defencejobs.gov.au/DTS](http://www.defencejobs.gov.au/DTS)

## UAC Applications

Next term will be very busy for Year 12 students as the time has come to complete their online application to UAC. (Universities Admission Centre) Special lunch time tutorials will be held to assist students with this process. The 2010 UAC booklets will be distributed early in the term. All Year 12 students considering University study are urged to make an appointment with the Careers Office. Information has been sent to all Year 12 parents on the new Australian Tertiary Admissions Rank (ATAR) For more details see the UAC website [www.uac.edu.au/atar/](http://www.uac.edu.au/atar/)

## University Open Days

All Universities hold their Open days in Term 3. It's a great way of getting first hand information about specific courses. Students interested in University study should make a priority of attending these Open Days. See [www.uac.edu.au](http://www.uac.edu.au) for details of when these days are being held.

## Accounting, Business and Engineering Cadetships

Get paid to study at University. We have several information packs from various firms offering cadetships. Call in for more information.

## International Students Open Day at Sydney TAFE

A special information day for International Students will be held at Sydney TAFE at Ultimo on Friday September 4 from 11am to 4pm. Please see the Careers Office for more information or call 1300 360 601.

## Apprenticeship and Traineeship Information Evening

Interested in Apprenticeships and traineeships but don't know where to start? Find out more by attending a free information evening at Warringah Mall on Wednesday 9<sup>th</sup> September. Call 9907 3133 to register or see the Careers Office.

## Tax File Numbers

Starting part time work and need a Tax file number? Eliminate a lot of paperwork and see the Careers Office for our easy to complete form.

## US College Night

Interested in studying in the USA? An information night is being held in Sydney on Thursday August 6 at 6.30pm. RSVP [collegeconsultinginternational@gmail.com](mailto:collegeconsultinginternational@gmail.com)

## Careers interviews

We are here to help and welcome enquiries from students and parents. Phone the office or call in to make an appointment.

## Careers Websites

The following websites have some useful information to get you started.

[www.myfuture.edu.au](http://www.myfuture.edu.au)

[www.jobjuice.gov.au](http://www.jobjuice.gov.au)

[www.jobguide.deer.gov.au](http://www.jobguide.deer.gov.au)

[www.tafensw.edu.au](http://www.tafensw.edu.au)

[www.careersinscience.gov.au](http://www.careersinscience.gov.au)

## The NBBEN is running an Apprenticeship and Traineeship Information Evening!

**Date:** Wednesday 19<sup>th</sup> August 2009.

**Time:** 6.45 pm – 9.00 pm

**Venue:** Warringah Mall Community Room (above Warringah Mall Library).

This is a **FREE** event, all you need to do is register with the NBBEN.

**Register:** Please call Thali at the NBBEN on 99073133 OR email your name, contact number to [rsvp@nbben.com.au](mailto:rsvp@nbben.com.au)

**Maryann Rogers and Melissa Penrose**  
Careers Advisers

## HSC Stress

The Health Psychology Unit, University of Technology Sydney has long been providing HSC stress education seminars, and recent years have expanded its services on various issues to include students, teachers and parents.

Please use the link below to find information regarding the various programs and presentations organized by the clinical staff.

<http://www.science.uts.edu.au/centres/psych/services.html>

Health Psychology Unit  
University of Technology Sydney  
Ground Floor, 174 Pacific Highway  
St Leonards NSW 2065  
Tel: 9514 4077



## Deputy Principal's Report

We have just completed two terms of Year 11. Thank you to all the parents who came on our Parent/Teacher afternoon (30/6/09).

It was a most fruitful time. Congratulations to the fifty-five students who had very pleasing reports and received a letter of commendation from me. The Year Advisers and myself have also interviewed forty-five students who need to make a serious commitment to improving their learning. The Principal, Mr Pikardt, has also interviewed sixteen students who are finding senior work very challenging. We have put strategies in place for all these students to support their improvement in Year 11. The Careers teachers are also providing career counselling for a number of these students as part of our support program.

Dianne Marik